St. Didacus Catholic Community

4772 Felton Street San Diego, CA 92116 • Phone: (619) 284-3472 Email us at: mainoffice@stdidacuschurch.org or go to our Church website: stdidacuschurch.org

BELEWE



Repent, and believe in the gospel.

MARK 1:15

"Arrepiéntanse y crean en el Evangelio".

MARCOS 1, 15

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

Leccionario II © 1987 Comisión Episcopal de Pastoral Litúrgica de la Conferencia del Episcopado Mexicano.



St. Did's NookPray in the Noisy Quiet

A friend of mine is a Trappistine monk who spends a good part of each day in silent prayer. He once told me the hardest adjustment he faced when entering the

monastery was realizing how much "noise" was going on inside his heart and head—especially at times of silent prayer.

That was helpful to hear. I thought it was just me who had such a difficult time quieting down for prayer. When I set aside time for quiet prayer my brain quickly generates thoughts and fears, desires and anxieties, inner turmoil and random troubling emotions, ideas and plans. Maybe that's what Jesus experienced when he went out to the desert.

Today's gospel tells how he went out into the desert and encountered wild beasts. Because he was like us in all things but sin, those wild beasts might simply have been the very human array of wild emotions, notions, and passions roiling within him. The good news is that the gospel says he was also ministered to by angels.

The same can be true for us. This Lent as you take up new practices of prayer, don't be discouraged if the first thing you find in the silence is a noisy self. Continue patiently, trusting that you will, in due time, encounter the angels of peace, serenity, surrender, and love to comfort you and guide you past the wild beasts and into the presence of God.

Fr. Rey



Fr. Rey invites you to attend one of our upcoming Live Online Masses.



You may find us on:

https://www.facebook.com/saintdidacus.parishchurch and our YouTube channel: Saintdidacus ParishChurch

Please join us online or in person on Saturday evenings or Sunday mornings.



Parish Email News

Keep in touch with us via email & text.



We are currently in the process of updating our parish email platform from Vertical Response to Flocknote. If you would like to be added to our list to receive parish news and updates via text or email, please contact the parish office at 619-284-3472 or email your contact information to our parish email at: **mainoffice@stdidacuschurch.org.** We look forward to hearing from you!

Our parish website has also been updated by a generous parish school parent, Ian Lenahan. Many thanks to Ian and his team. Please visit www.stdidacuschusch.org for parish events, updates and access to our weekly bulletin.



Diocese of San Diego's Annual Catholic Appeal

Last weekend we kicked off the Diocese of San Diego's 2021 Annual Catholic Appeal.

Our parish goal this year is \$22,000.

We encourage everyone in the parish to participate in this appeal because by your gift, someone will meet Jesus Christ and have the opportunity to experience His loving grace, and to know His mercy and love.

Please make your pledge today!

Please make your donation or online pledge TODAY! It's easy...

1) Just visit giving.sdcatholic.org

2) Hover over the "Giving" Tab at the top left of the page

3) Click Annual Catholic Appeal

4) Click the DONATE NOW Button in the middle of the page

5) Make your donation or pledge by filling out our Donation Form

Your participation in our Annual Catholic Appeal accomplishes something very simple yet very powerful: it touches people's hearts with God's love through your gift and deepens our collective faith together. By contributing to our Renewing Hope campaign, you are helping our brothers and sisters to truly know and love Jesus Christ, His grace and His mercy.





General Confession and Absolution during Lent

Since the 2021 Lenten Penance Services have been suspended and some may have the desire or the need for a Sacramental Confession, Fr. Rev will administer the Rite for

Reconciliation of Several Penitents with General Confession and Absolution on Palm Sunday. Fr. Rey is also available for confessions on Saturday afternoons from 2:30pm-3:30pm or by appointment.



Readings for the week of February 21, 2021

Sunday: Gn 9:8-15/Ps 25:4-5, 6-7, 8-9 [cf. 10]/1 Pt 3:18-22/Mk 1:12-15

Monday: 1 Pt 5:1-4/Ps 23:1-3a, 4, 5, 6 [1]/Mt 16:13-

Tuesday: Is 55:10-11/Ps 34:4-5, 6-7, 16-17, 18-19

[18b]/Mt 6:7-15

Wednesday: Jon 3:1-10/Ps 51:3-4, 12-13, 18-19

[19b]/Lk 11:29-32

Thursday: Est C:12, 14-16, 23-25/Ps 138:1-2ab, 2cde

-3, 7c-8 [3a]/Mt 7:7-12

Friday: Ez 18:21-28/Ps 130:1-2, 3-4, 5-7a, 7bc-8 [3]/

Mt 5:20-26

Saturday: Dt 26:16-19/Ps 119:1-2, 4-5, 7-8 [1b]/Mt

5:43-48

Next Sunday: Gn 22:1-2, 9a, 10-13, 15-18/Ps 116:10, 15, 16-17, 18-19 [9]/Rom 8:31b-34/Mk 9:2-10



Sunday Masses

Saturday 4:00pm (New time)

Sunday 8:30am & 10:00am in English and 11:30am in Spanish

Daily Mass

Mon., Wed., Thurs., Fri. 7:30am

Tues. 6:00pm

Thursday 7pm Mass in Spanish

Eucharistic Adoration

Suspended until further notice

Confessions Saturday 2:30pm-3:30pm or by appointment **Baptisms:** Arrangements must be made 3 months in advance. Contact the Parish Office for information.

Weddings: Arrangements must be made at least 9 months in advance. Please contact the Parish Office.

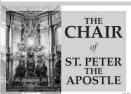
Mental Health Ministry Direct Line: For emergencies call 911. For non-emergencies please call 619-940-6193 or email saintdidacusmhm@gmail.com.

> Pastor, Rev. Reynaldo Roque We continue to take your calls at the Parish Office 619-284-3472 mainofffice@stdidacuschurch.org



Mass Intentions

Saturday	February 20
4:00pm	. † Frank and Frances Matranga
Sunday	February 21
8:30am	. Helen Anton-Stohrel, Spec. Int.
10:00am	People of St. Didacus
11:30am	† Marcelinita Preciado
	† Luis Ocampo Aranda
Monday	
7:30am	Beverly Stemper, Spec. Int.
Tuesday	February 23
6:00pm	Resty Alcazar, Spec. Int.
Wednesday	•
7:30am	
Thursday	
	Helen Yturralde, Spec. Int.
7:00pm	.† Luis Ocampo Aranda
	† Margarita Romero
Friday	
	Jean Boyer, Spec. Int.
Saturday	
4:00pm	. †Patti Speiker



Observances for the week of February 21, 2021

Sunday: 1st Sunday of Lent

Monday: The Chair of St. Peter the Apostle Tuesday: St. Polycarp, Bishop and Martyr

Next Sunday: 2nd Sunday of Lent



Tony Allen Tessa Anderson Al Hunt Diann Bauer Dan Bauer Martha Becerra Bob Bellesi Jean Boyer Herminia Brignoni Gail Cedercrans Fred Cepeda Irene Davis Bob Demers Josie Demers Mick Donahue **Grace Manning** Cecelia Dueber Paul Mansell Carlita Durand Miguel Martinez Daniel Galvan Terrence McCabe Irma Gordillo Emma McPherson Susan Guenzel Dolores Mediano Anthony Flores Tony Flores Peter Napolitano Alex Piatek Rocio Frias Lupita Plascencia Stan Hammack **Dolores Hansel** Judith Pratt Mark Price Maria Antonia Hernandez

Robert Hodge Ruben Ranquel Jennifer Hughes - Family Antonia Raya Betty Rios Carlos Hurtado, Sr. Pilar Rosas Eli Jacala Shirley Scinocca Ponciano Jimenez Carol Schmidt Emily Johnson Beverly Stemper Paul Kasha Phillip Sturock Meri Kerekanich Vaneza Torres Kerekanich Family Maria Winters Marilyn Kober Jean Woody Elizabeth La Costa Helen Yturralde Irene Lazo Joan Venverloh Juanita Lopez

> And the special intentions in our Book of Needs.





Mark the Date! Saturday, March 20th

The Annual School Auction will be virtual this year! The auction committee has been working very hard to make this experience a lot of fun for everyone. Although we're virtual this year, there will still be a cocktail party, dinner, and both a Silent and Live

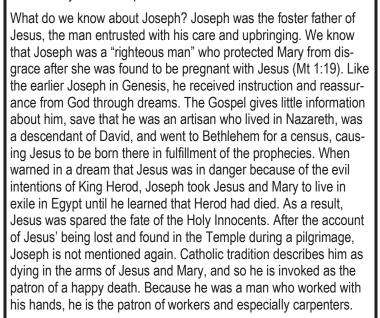
Auction. Please contact the school for details on how you can support this years event.



Mark your calendars! **Confirmation Retreat** Confirmation 1 & 2 Saturday, March 6, 2021 9AM-12PM Parish Hall Parking Lot

Year of St. Joseph

Pope Francis announced a Year of St. Joseph, in honor of the 150th anniversary of the saint's proclamation as patron of the Universal Church. Pope Francis said he was establishing the year so that "every member of the faithful, following his example, may strengthen their life of faith daily in the complete fulfillment of God's will."



St. Joseph, protector of the Holy Family, pray for us!



Friday, February 26 7:00PM Stations of the Cross —Deacon Dino (English)

Friday, March 5 **7:00PM** Taize Prayer Service

—(Bilingual)

Friday, March 12 7:00PM Reflection with Fr. Rev

—(English)

Friday, March 19 7:00PM St. Joseph's Day

—(Bilingual)

Friday, March 26 **7PM** Reflection with Deacon Marco

—(Spanish)

Join us to explore the Gospel of Mark Contact the parish office for details and a link to our Zoom meeting.



St. Mark Zoom Meeting at 7 PM Thursday— February 25th This is open to the whole community. We look forward to seeing you!

QUESTIONS OF THE WEEK

First Reading:

God promises Noah to use a "bow in the clouds" (a rainbow) as a sign and symbol of His divine pledge to never again allow a world-wide flood to devastate the earth. This is the Bible's first recorded covenant between God and humanity. What do you think of when you see a rainbow?

Second Reading:

Peter teaches that Jesus preached to both the living and the dead — those dead dating back to the days of Noah — and connecting us through baptism. What do you find intriguing about this idea?

Gospel:

We hear about Jesus' temptation in the desert and his inaugural gospel message to those living in Galilee. Jesus saw repentance as necessary to believe his good news. As we begin the Lenten journey, what aspects of your life require repentance?

©LPi

Guidelines for Fast & Abstinence During Lent

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday, and the Fridays during Lent are days of abstinence.

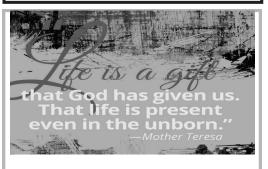


In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18-59 (inclusive). On days of fasting, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Note: If a person is unable to observe the above regulations due to ill health or other serious reasons, they are urged to practice other forms of self-denial that are suitable to their condition.

Resources for Lent

Prayer, sacrifice, and reflection are recommended practices during lent. Here are two practical options of reflections that you can do at home:

40 Reflections on the Care of Creation and <u>Reflections</u> on <u>Fratelli Tutti</u> (<u>Brothers and Sisters All</u>). These documents are also available in Spanish and can be found at https://www.sdcatholic.org//office-for/life-peace-and-justice/care-for-creation-and-environmental-issues/



NKS POPE FRANCIS

FOR LAUDATO SI!

#LIVELAUDATOSI

Creation Care Ministry

Laudato Si:

Catholic Environmental Teaching

Would you like to expand your

knowledge about the spirituality of

Pope Francis' encyclical Laudato Si,

the reality of our global environmen-

tal crisis, and our response to this

crisis? If so, this course offered by the Creation Care Ministry through

the Diocesan Institute is for you. The

course is five Wednesdays: February

24, Mar 3, 10, 17, and 24, from 6:30

pm to 8:30 pm. For more information,

visit https://www.sdcatholic.org/

event/s460-laudato-si-catholic-

environmental-teaching/.

GROW: Even amid the forced slowdown of a pandemic, distractions abound: Netflix bingeing, online shopping, even positive pursuits like home organizing and personal fitness. I confess I indulge in all of these (except for home organizing). Lent challenges me to let go of the unnecessary distractions and dare to make friends with solitude, which can be a daunting proposition because

it means keeping company with my own thoughts. Jesus, our human and divine Savior, faced the desert and was tempted by Satan. But he also emerged *from* the desert, and announced himself and the Gospel to the people of Galilee. He goes on to accept his death on a cross for the sake of our salvation, the fulfillment of the covenant between God and his people. As we enter Lent, as we enter *our* desert, we pray for the fortitude to forego temptation, opening our hearts to God's will for us, and ready to proclaim it to the world.

PRAY: "One does not live on bread alone, but on every word that comes forth from the mouth of God." The verse before today's Gospel caught my attention. What can I pare away from my daily life to make room for the word of God? For those of us whose minds tend to wander when praying silently, perhaps listening to the daily readings can be a good way to start or end the day.

—Written by the Faithful Disciple-growandgocatholic.com

40 Days for Life

Stand for Life! The 40 Days for Life spring campaign is February 17 to March 28, 2021. Join your community in prayer, fasting, and vigils to ask God's intervention for the end of abortion. Since 2007, when these campaigns began, more than 18,000 babies have been saved. To sign up and check the schedule for each location, visit: https://www.sdcatholic.org/office-for/life-peace-and-justice/culture-of-life/abortion/40-days-for-life-campaign/.



Notas del Padre Rey Ore en silencio

Un amigo mío es un monje trapense que pasa gran parte del día en oración silenciosa.

Una vez me dijo que el ajuste más difícil que enfrentó al entrar al monasterio fue darse cuenta de cuánto "ruido" estaba ocurriendo dentro de su corazón y su mente, especialmente cuando estaba en oración en silencio. Esto fue muy útil para mi, pensé que solo yo tenía tantas difícultades para tranquilizarme al orar.

Cuando entro en oración y silencio, mi cerebro genera rápidamente pensamientos y miedos, deseos y ansiedades, confusión interna y emociones, ideas y planes inquietantes al azar. Quizás eso fue lo que experimentó Jesús cuando salió al desierto.

El evangelio de hoy nos cuenta cómo Jesús salió al desierto y se encontró con bestias salvajes. Debido a que él era como nosotros en todo menos en el pecado, esas bestias salvajes podrían haber sido simplemente el conjunto muy humano de emociones salvajes que se agitaban dentro de él.

La buena noticia que el evangelio nos narra también fue que Jesús también fue acompañado por los ángeles. Lo mismo puede ser cierto para nosotros. Esta Cuaresma, al comenzar nuevas prácticas de oración, no se desanime si lo primero que encuentra en el silencio es un gran ruido de su yo. Continúe con paciencia, confiando en que, a su debido tiempo, se encontrará con los ángeles de la paz, serenidad, entrega y el amor para consolarlo y guiarlo más allá de las bestias salvajes hacia la presencia de Dios.

P. Rey

Acompáñenos este Viernes 26 de febrero

a las Estaciones de la Cruz en ingles

a las 7 PM

en el estacionamiento de la iglesia con el D. Dino





Estaciones Cruz

Viernes 26 de febrero a las 7:00 PM en ingles con D. Dino

Oración Taizé

Viernes 5 de marzo—Bilingüe—jóvenes

Retiro para los jóvenes de Confirmación 1 y 2. Sábado 6 de marzo de 9—12 PM estacionamiento.

Reflexiones Cuaresmales

Viernes 12 de marzo en ingles, P. Rey Viernes 26 de marzo en español, D. Marco

Retiro Cuaresmal en español Sábado 13 de marzo de 9—12 PM

<u>Celebración de la Fiesta de San José</u> Viernes 19 de marzo a las 7:00PM — Bilingüe

Adoración Eucarística

Todos los martes 5:30PM—6:00PM
rezo de rosario en ingles
Todos los jueves después de la misa
en español a las 7 PM
Pase un tiempo de reflexión con nuestro
Señor. Escúchalo, que Él te hablara en el silencio.

Misa Semanales

Lunes, miércoles, jueves, viernes a las 7:30 AM. Martes a las 6:00 PM.

Jueves a las 7:00PM en español *Trate de añadir una misa semanal esta Cuaresma*.

Los lunes de 7 PM - 8:30 PM

entre a la pagina de Facebook de Misioneros de Cristo conéctese **Facebook Live** a las *Noche de Alabanzas y Testimonios* parroquial de San Didacus.

Los martes de 7:30—8:30 PM. Clases de Biblia del Antiguo Testamento a través de Zoom, necesitamos tu correo electrónico para mandarte el link.